

## MRTC Family Program

The employees at Maple Ridge Treatment Centre recognize that addiction does not just impact individuals, it affects entire families. Clients achieve their best when they feel supported on their journey to recovery. Partners and family members also need to process their experiences from the negative effects of addiction. Furthermore, loved ones can also participate in their own healing journeys as they learn ways to work through emotional burn-out, set boundaries, enhance communication and change old relationship patterns.

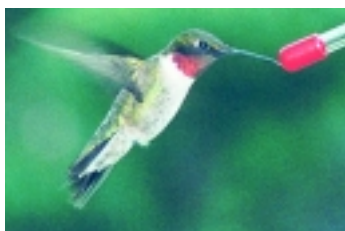
MRTC has expanded its program to meet the needs of substance affected families. On Saturdays, from 11:30am to 12:30pm, clients and their loved ones can attend a six part series on topics that address the basics of addiction, enhancing communication and boundaries, changing old patterns – changing your ‘dance steps’, finding meaning and purpose in your life and as a family, connecting in recovery, and dealing with the fear of relapse.

In the Fall, MRTC will be hosting a weekend family renewal program. Individuals and their loved ones can attend a condensed program that will focus on the impact of addiction on relationships. The next family renewal program is scheduled for Friday, November 18, 2005, 6:00pm to 9:00pm. Saturday, November 19, 2005, 9:00am to 4:00pm, and Sunday, November 20, 2005, 9:00am to 4:00pm. Offered throughout the weekend will be educational topics, small group work and processing exercises. Topics will include the dynamics of the addicted family, the family and wellness, boundaries and healthy emotional detachment, and the art of loving. For further information, please call Susan or Jan, Admissions Department (604) 466-6970.



### Meet New Staff Member Rayco Lloret

As Coordinator of Business and Support Services, Rayco is especially suited to the diverse tasks set for him by the leadership team and staff at MRTC. Originally from Cuba, spending half his life in the USA and then Spain, Rayco has several degrees in Marketing, Business Management, Organizational Leadership, and Human Resources. He previously worked on the Island of Tenerife as Human Resource Specialist with almost 600 people. An avid believer that work should be fun, Rayco is a practitioner of personal mastery.



### He loves me too...

When I was little girl, my parents taught me a simple little Sunday school song called "He Loves Me Too". All the passion and love from my childhood was quickly relived one Sunday morning as I visited MRTC and watched several of our clients suffering from addiction attending to

a little humming bird who had lost its way and was indeed dying. The clients had quickly taken on the *caring* culture of MRTC and wanted to save the bird's life. Within minutes the tiny bird was put in a small cardboard shelter, fed honey and water through a straw and later brought to a veterinarian, paid for by this group of men in recovery.

Just like this little humming bird, many men get lost on life's journey and suffering from addiction find a safe and respectful shelter at MRTC. The staff are their veterinarian and the men feel cared for in a compassionate environment. It made my heart sing and I feel so blessed to be part of the great work we do at MRTC. The song resonated from my childhood "God sees the little sparrow fall, it meets his tender view, If God so loves the little birds, I know he loves me too". (Maria Straub, 1874)

~ May God Bless. Karen E. Turner, Manager of MRTC

On the Path has been reviewed by Marie Nightingale, Fraser Health Communications Advisor. If you wish to have your name removed from our distribution list please contact Katherine McCombie [katherine.mccombie@fraserhealth.ca](mailto:katherine.mccombie@fraserhealth.ca) or call (604) 466-6970.